

CONFLICT Resolution Activities



PREVIEW

To Solve a Problem I CAN



1.

Rock, Paper, Scissors



2.

Say "Stop!" Then,
Explain What



3.

Choose a Calm
Down Technique



4.

Say, "Sorry"

I'm Sorry!



5.

Speak to a
Grown-Up



6.

Choose Another
Activity

PRESCHOOL

EDITION

Teacher Note:



This resource is part of a bundle focusing on Friendship for Preschoolers. I created it in response to seeing what my young learners needed and understanding that these friendship skills needed to be taught intentionally & revisited often.

Our preschoolers are just beginning to explore more complex relationships with a wider variety of people, and this can lead to conflict, misunderstanding and a whole lot of confusion.

With that in mind, I have taken each friendship skill and developed a unit around them. Each Unit has free-standing lessons, activities & displays included. They may be used separately or together per lesson plan.

They intentionally have the CASEL SEL COMPETENCIES in mind. Mainly, Social-Awareness, & Relationship Skills.

These resources are intended for group time with our young learners. This allows for us to talk to each other, share our thoughts and experiences and most importantly makes sure that we are all aware of what is expected.

This resource, Conflict Resolution Activities looks at:

- ★ Types of conflict we may encounter
- ★ What we can do to solve these conflicts ourselves
- ★ What to do if we can't solve the conflict ourselves.

Teacher Note:

I hope this resource is helpful to you and your young learners and encourages more self awareness & improves relationship skills in your classroom! 😊

I would love to connect and hear about your experience using this resource.

You are doing a great job! Keep doing what you are doing!



Sara

Spark Interest With Sara
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CLICK ON THE LINKS





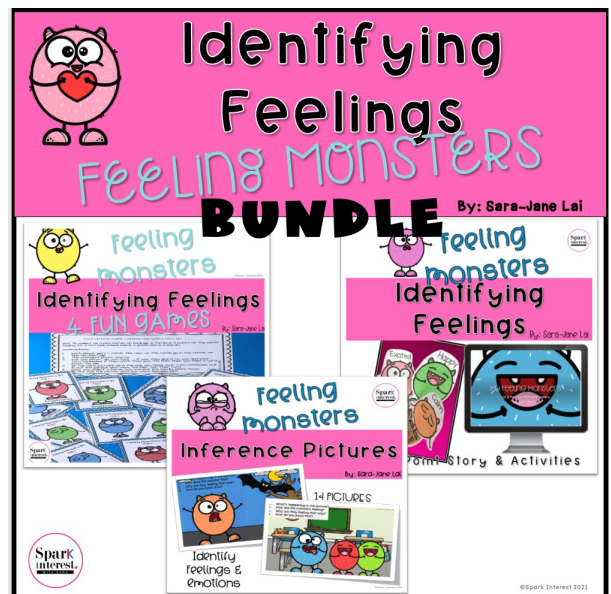
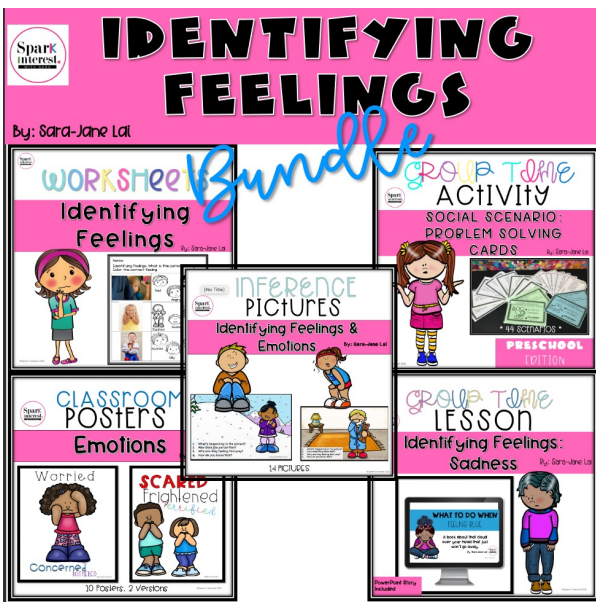
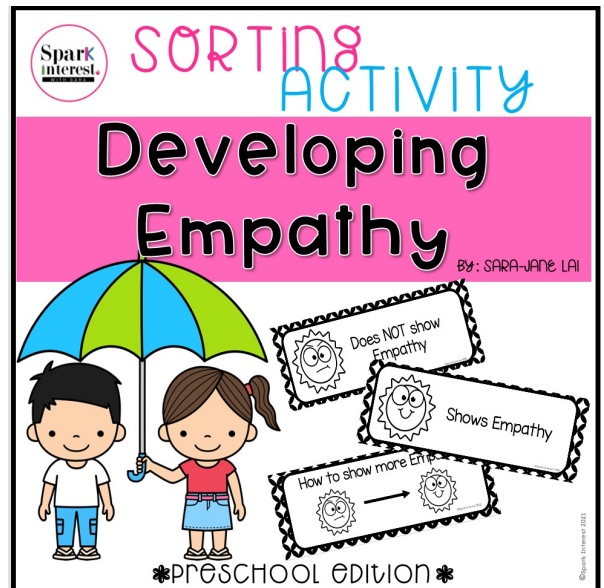
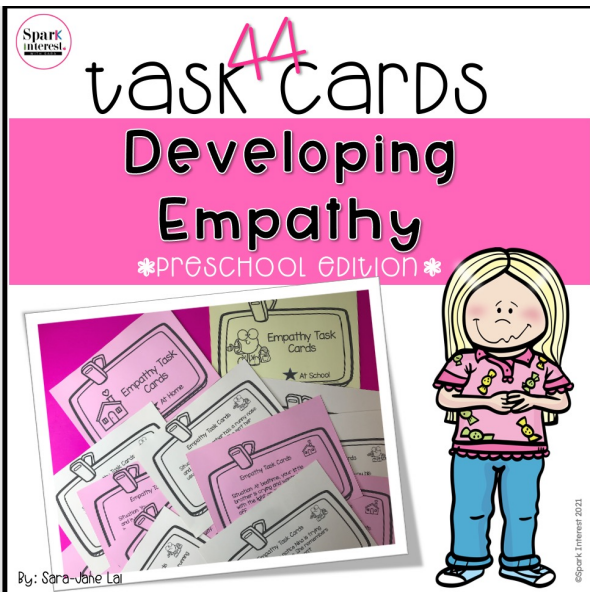
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CLICK ON THE PICTURES TO FIND OUT MORE



DETAILED LESSON PLAN

INCLUDED IS A DETAILED LESSON PLAN EXPLAINING EXACTLY WHAT TO DO WITH THE RESOURCES. YOU MAY CHOOSE TO SPREAD THESE ACTIVITIES OUT TO MORE DAYS. IT DEPENDS ON THE AMOUNT OF TIME YOU HAVE, TO FOCUS ON SOCIAL-EMOTIONAL LEARNING.

Lesson Plan: Conflict Resolution

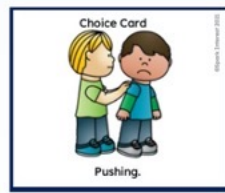
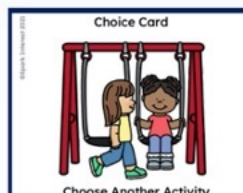
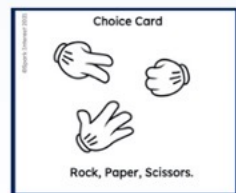
Objective:	<ul style="list-style-type: none"> To introduce conflict resolution techniques to our young learners. To reinforce conflict resolution techniques through interactive activities. 	Day 1 Lesson Plan: Kindness	
Materials:	1. Print and prepare the resources you may use.		
CASEL-SEL Competencies Alignment:	<ol style="list-style-type: none"> Social Awareness - The ability to take the perspective empathize with others, including those from diverse & cultures. The ability to understand social and ethnic behavior and to recognize family, school, and community resources & support. Relationship Skills - The ability to establish and maintain rewarding relationships with diverse individuals. The ability to communicate clearly, listen well, cooperate with others, resist inappropriate social pressure, negotiate constructively, and seek and offer help when needed. 	Activity:	<ol style="list-style-type: none"> 2. Role Play: Using Helpful Ways to Solve Problems <ul style="list-style-type: none"> Put away the Unhelpful Choice Cards. Leave the Helpful Choice Cards out for the children to refer to. Pick a Problem Card and ask 2 or 3 children to act out the problem and at the end of the scene, they FREEZE. The remaining children will now look at the Helpful Choice Cards and decide which problem-solving solution would fit best. Encourage the children to justify their choices. Invite the children to agree on the best solution, then our role players will act out the solution the group decided on. Was the solution successful? Remove the Problem Cards.
Introduction:	<ol style="list-style-type: none"> 1. Look at the Pictures, what is conflict? What does conflict mean? 2. List on the board: What are some conflicts you have? 3. We all have conflicts in life and knowing what to do when something happens is important. 4. There are helpful ways to solve a problem, but there are unhelpful ways to solve a problem. Let's see if we can find them. 	Wrap Up	<p>CASEL Aligned</p> <ul style="list-style-type: none"> Place the display poster in a visible space so that you may all refer to it often. As with all skills we are learning, it is about practice. Bring problems to the group if needed and reflect on problems together. Discuss what solution would work best.
Discussion:	<ol style="list-style-type: none"> 1. Sorting Activity: Helpful Way to Solve a Problem Vs Unhelpful Ways to Solve a Problem <ul style="list-style-type: none"> For this activity use the Choices Cards: Helpful and Unhelpful. Discuss with the children and sort them into helpful a problem and unhelpful ways. 	Added Practice:	<ul style="list-style-type: none"> Worksheets:- Draw how you can solve a conflict. Say "Stop!" & explain what worksheet.
		Connection to Families	<p>Little Home to Families</p> <p>2 Versions: Editable Version & Ready to Email Version in separate files.</p>

SORTING DISCUSSION ACTIVITY

Helpful Way to Solve a Problem Vs
Unhelpful Ways to Solve a Problem
(Color & B&W)



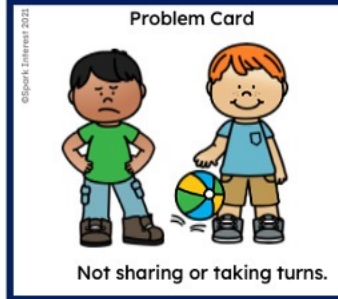
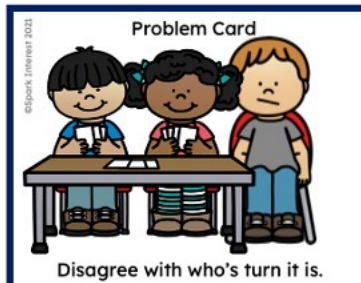
PREVIEW



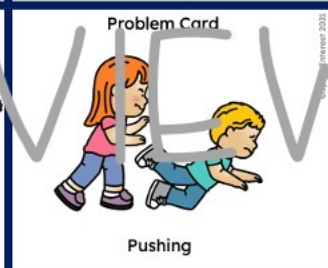
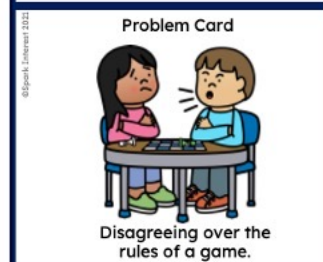
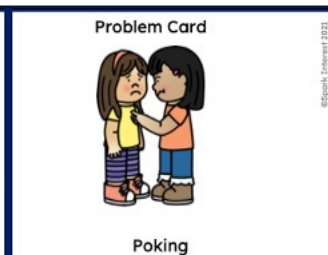
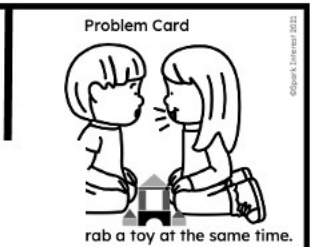
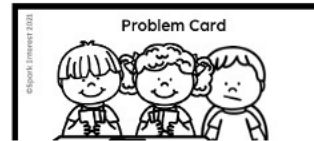
ROLE PLAY SCENARIOS

Role play scenarios as a class and decided which 'Ways to solve a problem' to use.
(Color & B&W)

PROBLEM CARDS



PROBLEM CARDS



PRINTABLES

PRINTABLES TO USE IN THE CLASSROOM.

Name: _____

Say "STOP"
explain



Name: _____

Instructions: Draw how you can solve this conflict.

Conflict: Not letting you



I can solve this conflict by _____

Name: _____

Instructions: Draw how you can solve this conflict.

Conflict: Someone not following the rules of the game.



Name: _____

Instructions: Draw how you can solve this conflict.

Conflict: Someone grabs a stick you are playing with.



Name: _____

Instructions: Draw how you can solve this conflict.

Conflict: Someone pulls your hair don't like it.

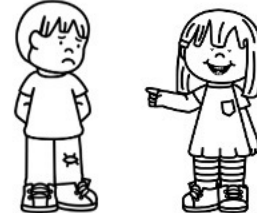


I can solve this conflict by _____

Name: _____

Instructions: Draw how you can solve this conflict.

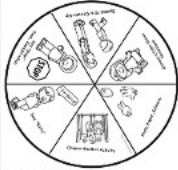
Conflict: Someone making fun of your name.



I can solve this conflict by _____

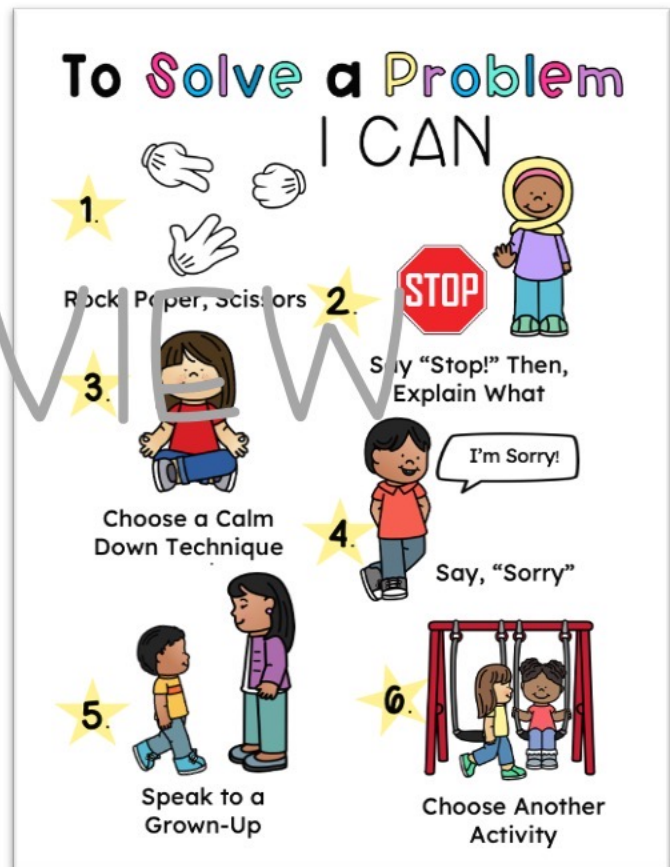
I can say "STOP"
explain what

PREVIEW



WAYS TO SOLVE A PROBLEM

PRINTABLE PROBLEM-SOLVING WHEEL & POSTERS TO USE IN THE CLASSROOM (8.5 X 11 INCHES) COLOR & B&W



CONNECTION TO FAMILIES

EXTEND LEARNING BY CONNECTING TO FAMILIES USING THE NOTE HOME TO FAMILIES.

EDITABLE

CONFLICT RESOLUTION

Dear Families,

We are beginning our next unit, Conflict Resolution. This is an important skill for successful social interaction during the early years and being able to resolve conflicts is vital.

Our main focus is considering the types of conflicts we may encounter in our day and what strategies we may use to try and deal with these conflicts.

To support our learning this week at home, try these strategies when conflicts arise:

- Encourage those involved to articulate what is happening. Listen to all sides calmly. Work with those involved to problem solve ways to resolve this conflict.
- Try some of the strategies from our problem-solving wheel



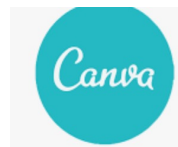
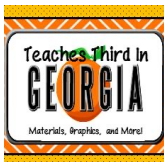
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